



## Professional Workshop

Elargir sa palette vocale

with Christine Bertocchi

### Dates et durée du stage

From July 16th to July 21st, 2018

30 hours — 5 days

### Schedule

From 09:30 am to 12:30 pm and from 02:00 pm to 05:00 pm

### Registration

Contact Guillaume Orti : [contact@uninstantalautre.com](mailto:contact@uninstantalautre.com) — 06 25 11 20 29

### Location

In the village of Quincerot (Côte d'Or), France. At the Compagnie D'un instant à l'autre's work studio.

### Participants' profiles

Singers from all musical backgrounds, actors, music facilitators, instructors, choir directors, orators.

### Teaching content

To develop a new vocal range according to chosen registers, repertoires, and individual artistic intentions.

To identify individual breathing patterns, and to pinpoint mechanisms fostering a healthy vocal output.

To fine-tune and specify one's own vocal technique awareness, spoken or sung, and its flexibility.

To experiment specific and diverse respiratory coordinations in order to give to the breath the capacity to adapt spontaneously.

To develop the different voice resonators.

To clarify tongue, lips, and jaw movements. To fine-tune coordinations during the articulation of a spoken or sung text.

To increase the fluidity of registers and to play with the possibilities of alternating between a voice coming from the head or from the chest.

To expand each singer's vocal abilities, while being respectful of their individual's strength areas.

To individually apply this approach to each singer's and actor's repertoire.

### Teaching tools

- Clarification of breathing (lungs, diaphragm, muscles of inhalation and exhalation) and of the voice (larynx, vocal cords, jaw, sound bone conduction) anatomical basis.

- Specificity in the aims of the vocalisations (collective or individual) and of their variations according to the technical difficulties to move beyond.

- Exploration of the registers, colours, vocal intentions.

- Body-mind practices with Feldenkrais Method exercises, allowing the fine-tuning of

movements differentiation involved in the coordination.

- Coordination exercises body/voice/rhythm.
- Games of vocal virtuosity, oral listening and conveying.
- Work on speech and singing voice phrasing.
- Improvisations from pre-defined structures.
- Games about different voice placements and their «displacements».
- Implementation on individual repertoire (song, lieder, spoken text, sound poetry...)

chosen by each participant.

Each day we will take the time to assess the work in order to pinpoint progresses, expectations, and individual requirements.

## Curriculum vitae of Christine Bertocchi

Christine begins performing on stage for singing and theater shows directed by Patrick Font, in 1989, while still training at the CNR in Grenoble and in various workshops. From 1992 on, her interest takes her toward multidisciplinary works (theater, dance, singing) and she begins to work for choreographers and theater directors, such as Bruno Meyssat (1993-1999).

Christine pursues her training in lyrical singing, as well as taking part in a contemporary vocal music workshop at the Centre Acanthe (2002), led by Françoise Kubler. A certified Feldenkrais practitioner since 2000, Christine also trained in voice anatomy and physiology with phoniatician Guy Cornut and Blandine Calais-Germain.

Co-founder of the non-profit organization Mercoledì & Co (1996 to 2001), she develops a unique body of works via performances in the form of reading-concerts (Michaux, Wedenski, Kafka), readings of contemporary authors, and performances in music improvisation.

Since then, she's developing a duet with bass player Eric Chalan, titled « à mesure... » (co-written with Ghislain Mugneret/texts and Guillaume Orti/music). Christine is also regularly invited by contemporary composers and authors.

Since 2005 she works both in Bourgogne where she founded D'un instant à l'autre company, and Paris where she still collaborates with music-improvisers, composers and authors.

Christine teaches vocal techniques, vocal improvisation, musical theater and ways to integrate body and stage work (Certified Feldenkrais® practitioner since 2000), throughout France and beyond, in professional training settings for musicians, singers, dancers or actors (Harmoniques in Paris, Orsay CFMI, ARIAM, CNFPT, Afdas training sessions, Opera Houses), throughout France and beyond.

### **D'un instant à l'autre**